

We aim to bring wellness from the heart

Procedures available at Plastic Surgery KC

Our specialty is post-mastectomy breast reconstruction surgery, using implants approved by the US FDA. The surgery requires just one hour per breast, with a certified anesthesiologist in attendance with the plastic surgeon.

Breast & Chest

- Breast Augmentation
- Breast Lift
- Breast Reduction
- Breast Implant Revision
- Male Breast Reduction
- Breast Reconstruction with Implant
- Breast Asymmetry
- Inverted Nipple Repair

Head & Face Area

- Facelift
- Facial Rejuvenation (Botox, Chemical Peel, skin fillers for wrinkles; Hyaluronic acid Injections, Collagen Injections)
- Eyelid Surgery
- Neck Lift
- Facial Liposuction
- Asian Eyelid Surgery (Blepharoplasty)
- Neck Liposuction
- Lip Augmentation
- Chin Augmentation

Skin Treatments

- Advanced Medical Skin Care
- Mole Removal
- Acne Treatments
- Photo Facial Rejuvenation
- Laser Hair Removal

Abdomen & Trunk

- Liposuction
- Tummy Tuck (Abdominoplasty)

Thighs & Legs

- Liposuction
- Thigh Lift

Arms & Hands

- Arm Lift (Brachioplasty)
- Arm Liposuction
- Osmidrosis (Axilla)
- Hyperhidrosis (Axilla)



Breast Reconstruction



Breast Lift



Laser Hair Removal



Mole Removal





Dr. Ken Arashiro



Education:

1984 M. D. Ehime Univ., School of Medicine
1996 Ph. D. Ehime Univ., School of Medicine

Examinations Passed:

1984 Japanese Medical License
1989 Japanese Surgical Board
1991 Japanese Plastic Surgical Board

Training:

Rotating Internship, May, 1984 - April, 1985
Okinawa Chubu Hospital, Univ. Hawaii Program, Gushikawa City,
Okinawa, Japan
General Surgery Residency, May, 1985 - April 1987
Okinawa Chubu Hospital, Univ. Hawaii Program, Gushikawa City,
Okinawa, Japan
Plastic Surgery Residency and Fellowship, May, 1988 – June,
1994 Ehime Univ., School of Medicine, Toon City, Ehime, Japan
Plastic Surgery Visiting Clinical Scholar, July, 1998 – October,
1998 UCLA., School of Medicine, CA, USA

Hospital Appointments:

Director, Plastic Surgery KC
2-7-11-2F Kumoji
Naha City, Okinawa, 900-0015 Japan

Academic Societies:

Japan Society of Plastic and Reconstructive Surgery
International Society of Plastic and Reconstructive Surgery
Japanese Society for Aesthetic Plastic Surgery
American Society for Aesthetic Plastic Surgery
(International Candidate)



Frequently Asked Questions

Q. I don't know how to speak Japanese. Do you have any English speaking staff?

A. Yes! We have highly qualified English speaking staff available.

Q. How much does a procedure cost?

A. That depends on the type of surgery, but the initial consultation fee is 3,100 Yen.

Q. Are credit cards accepted?

A. Yes! We accept all major credit cards.

Q. Do we stay at the hospital during the post operation recovery period?

A. No, the clinic is day surgery only.

Q. Do US insurance policies cover procedures at the KC clinic?

A. No, our procedures are unfortunately not covered by US insurance policies.

Q. How long does it generally take for recovery?

A. Stitches are generally removed about a week after surgery, though times may vary depending on the complexity of the surgery. Additional visits may be required within the week before stitch removal.

Q. What is the general flow of events when I come in to get a procedure done?

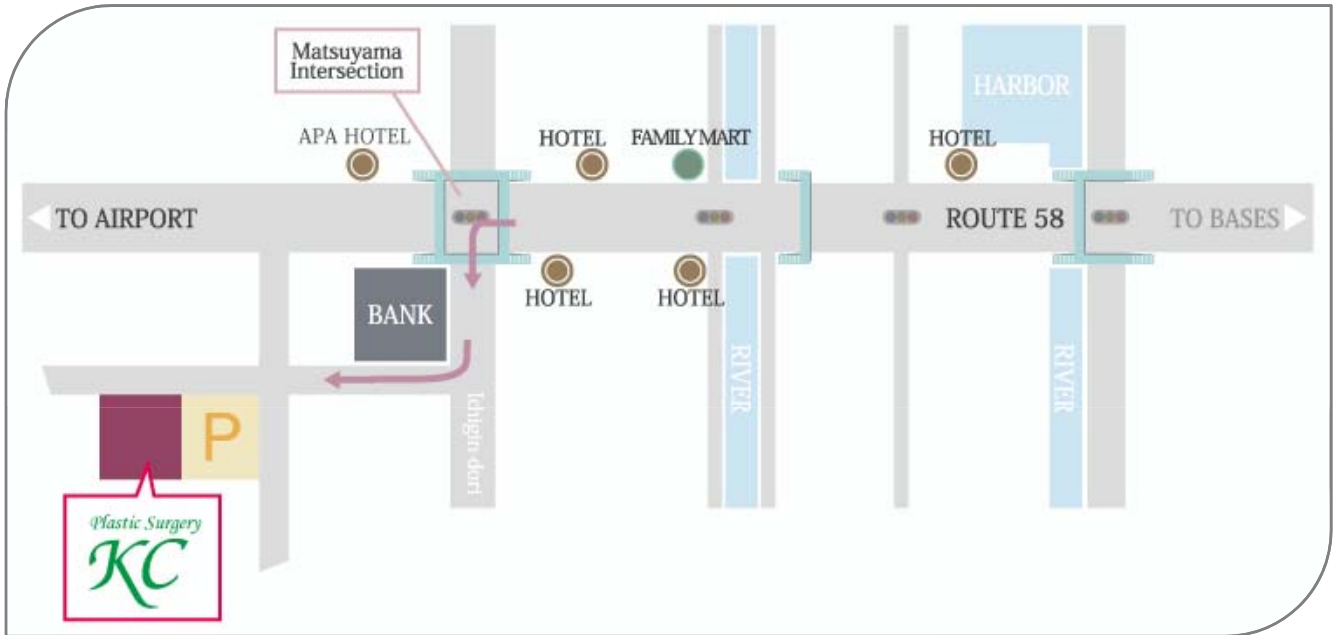
A. First, we have a consultation, then if everything goes well, we arrange for a date for surgery. Surgeries start at 9am. After a 3-4 hour recovery period, patients can generally leave the clinic in the evening.

Q. Do you have parking available?

A. Yes, we have 4 parking spaces available, and there is a parking lot conveniently located beside our clinic building.



Directions



From the Bases: Follow Route 58 until you arrive in Naha. At the **3rd overpass** (the Matsuyama Intersection), **turn left**, and **turn right** on the 1st block. Plastic Surgery KC is located on the left side, right beside the parking lot.

From the Airport: Follow Route 58 until you arrive Naha. Go to the Matsuyama Intersection. **Turn right** at the Intersection, and **turn right** on the 1st block, drive to Plastic Surgery KC.





Questions for check-in

(Please print this form and answer the following questions)

Name:

Birth date:

Current address:

Telephone No.:

Previous history of any diseases or surgeries performed:

Medications currently being taken:

Purpose of consultation:

Other comments:

Please bring your completed form with you to your consultation.

Thank you for your cooperation.